

12. Near Hand Tackle



Move in close to the opponent



Step across the opponent's space



Flick the ball away with the nearest hand



Secure the ball to gain possession

- ❖ Introduce
- ❖ Demonstrate
- ❖ Execute
- ❖ Attend



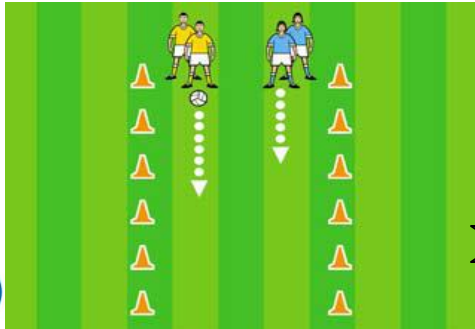
The Near Hand Tackle is a tackling technique in Gaelic Football used to knock the ball from an opponent's possession with the open hand.

Look out for:

- Tackling from behind
- Leading with outside leg
- Not targeting the ball
- Not timing the tackle

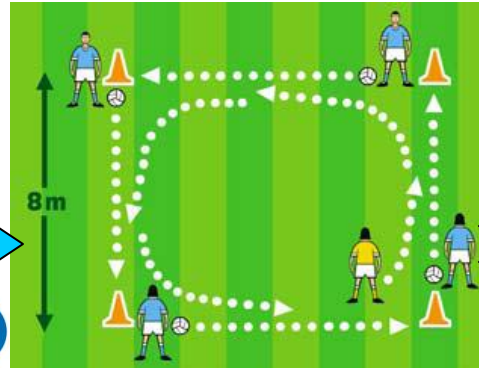
Near Hand Tackle

Practice the Technique



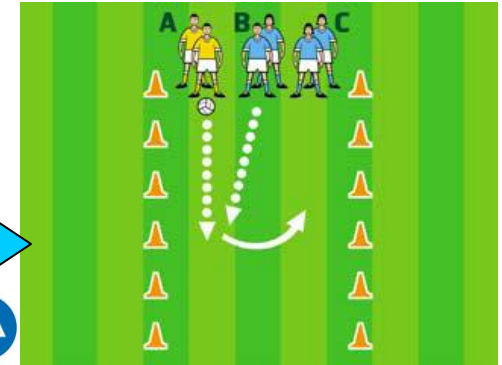
On the Ball

One player bounce and toe taps the ball while the other attempts to step across and execute the Near Hand Tackle



Around the Block

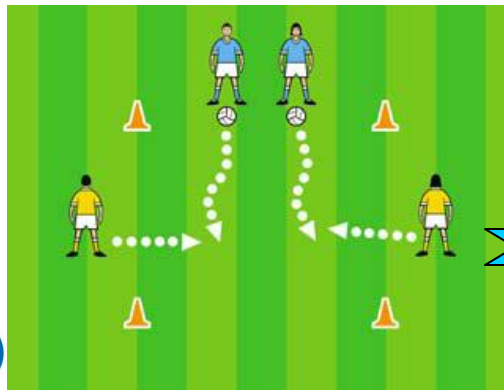
Tackling player runs along the grid trying to perform the Near Hand Tackle on each player



Tackle to Team-Mate

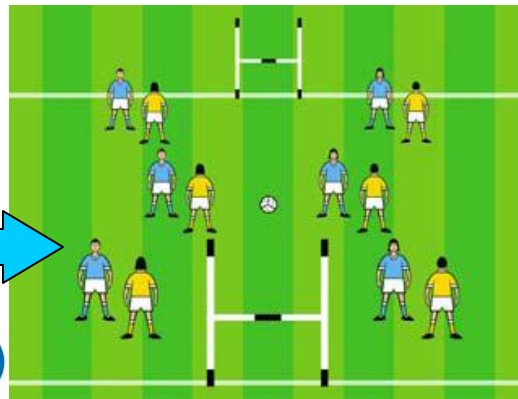
A Solos forward, B attempts the Near Hand Tackle and knock the ball to C

Develop the Skill



Grid Tackle

2 players Solo through the grid while the other two attempt the Near Hand Tackle



Skill Point Game

3pts for a successful Near Hand Tackle 2pts for a goal

STEP



Basic Drill



Intermediate Drill



Advanced Drill



Fun Game



Modified Game



Game Play Drill